MAY 2017 CELLAR CLUB



DRY RUB ROASTED NEW YORK STRIP STEAK WITH CHIMICHURRI SAUCE

PAIRED WITH 2012 CABERNET SAUVIGNON | 8 PORTIONS

STEAK INGREDIENTS

- 5-8 Lbs Striploin Roast
- 1/3 Cup Kosher Salt
- 3 Tablespoons Dry Mustard
- 4 Teaspoons Coarsely Ground Black Pepper
- 1 Tablespoon Garlic Powder
- 1 Tablespoon Onion Powder
- 2 Teaspoons Dried Thyme, Crushed
- 2 Teaspoons Dried Oregano, Crushed
- 2 Teaspoons Ground Coriander
- 2 Teaspoons Ground Celery Seed
- 1/4 Cup Brown Sugar
- 3 Tablespoons Olive Oil

METHOD

- 1. Heat the oven to 425°F. Line a roasting pan with foil and place a roasting rack on top of the foil in the pan.
- 2. In a small bowl, combine the salt, mustard, black pepper, garlic powder, onion powder, thyme, oregano, coriander, celery seed and brown sugar. Reserve.
- 3. Rub olive oil on all sides of the roast then season the roast on all sides with the spice rub mixture.
- 4. Place the roast in the prepared pan and place in the pre-heated oven. Roast the meat in the pre-heated oven for 15 minutes.
- 5. Reduce the oven temperature to 225 °F and continue roasting for about 2½ to 3 hours longer, or until done as desired. For mediumrare, the beef should register from 135 °F to 140 °F on a meat thermometer in the thickest part of the roast.
- 6. Remove the roast from the oven. Tent the roast loosely with foil and let it rest for 20 minutes before slicing.
- 7. Serve with the Chimichurri Sauce (recipe right).

CHIMICHURRI INGREDIENTS

- 2 Cups Italian Parsley, fresh
- 4 Garlic Cloves, smashed
- 1/4 Cup Oregano, fresh
- 1/4 Cup Red Wine Vinegar
- 1/4 Teaspoon Red Pepper Flakes
- ½ Teaspoon Kosher Salt
- 1/8 Teaspoon Freshly Ground Black Pepper
- 1 Cup Extra Virgin Olive Oil

METHOD

- Place parsley leaves, garlic, oregano, vinegar, red pepper flakes, salt and ground pepper in a food processor and blend for 1 minute.
- With your food processor running, add oil in a steady stream. Do not over blend or sauce will be bitter.
- 3. Serve or store in refrigerator for up to one week.