FEBRUARY 2017 CELLAR CLUB



ROASTED CAULIFLOWER & LEEK SOUP WITH ARUGULA PESTO PAIRED WITH 2013 NEBBIOLO | SERVES 4

INGREDIENTS

4 Cups Cauliflower Florets, tough stems removed
1/4 Cup Olive Oil, extra virgin
1 Tsp Kosher Salt
1/2 Tsp Black Pepper, freshly ground
2 tbsp Butter 1 1/2 Cups Leeks, white only, sliced

2 Tbsp Garlic Cloves, minced

1 Tbsp Thyme Leaves

- 4 Cups Vegetable or Chicken Stock
- 1 Tsp Kosher salt
- 1/4 tsp Black pepper, freshly ground

METHOD

- 1. Pre-heat the oven to 425°F.
- 2. In a large bowl, combine the cauliflower, olive oil, salt and pepper and toss well to combine.
- 3. Pour the cauliflower onto a sheet tray lined with parchment paper and place in the oven to roast for 20 minutes or until the cauliflower is tinged with golden brown color.
- 4. Meanwhile, place the butter, leek, garlic, and thyme in a 3-quart pot with a tight-fitting lid.
- 5. Cover and set over medium-low heat and cook until the vegetables soften, about 10 minutes. Be sure to stir occasionally.
- 6. Next, uncover the pot and add the roasted cauliflower and stock and bring the pot to a boil. Turn to a simmer and continue to cook for 15 minutes.
- 7. Remove the pot from the stove and puree the soup with an immersion blender or by straining the vegetables and pureeing in a blender with some of the liquid and combine back into stock. (Use caution because the hot soup can make the lid fly off the blender full of hot soup!)
- 8. Place the soup back on the burner over medium heat. Bring the soup to a simmer and cook for an additional 5-8 minutes.
- 9. Taste the soup and adjust the seasoning with salt and pepper.
- 10. When you are ready to serve, ladle soup into a heated bowl, drizzle with arugula pesto.

🚓 Recipe by Chef Wendy Bennett 🞇