MAY 2016 CELLAR CLUB



GRILLED PORK TENDERLOIN WITH TARRAGON MUSTARD CREAM SAUCE

PAIRED WITH 2013 MERLOT, YIELD: 2 SERVINGS

Ingredients:

3 tbsp. olive oil

2 each pork tenderloins (about 2 pounds total)

to taste salt and black pepper

2 shallots, minced

34 cup dry white wine

2 tbsp. heavy cream

1 tbsp. dijon mustard

1 tbsp. fresh tarragon, chopped

Method:

- 1. Preheat grill using charcoal, if available, or propane.
- 2. Season the pork with salt and pepper.
- 3. Grill 2 to 3 minutes per side, ensuring there are good grill marks. Pork should be cooked to 135°F internal temperature.
- 4. Meanwhile, preheat a large sauté pan with 1 tablespoon of oil. Add the shallots and cook, stirring often, until soft, 3 to 4 minutes.
- 5. Add the wine and simmer until reduced by half.
- 6. Add the cream and simmer until the sauce just thickens.
- 7. Stir in the mustard and tarragon.
- 8. Season to taste with salt and pepper.
- 9. Top the pork with the sauce and serve.

CANA'S FEAST