

SEPTEMBER 2014 CELLAR CLUB

MEDITERRANEAN KOFTKA WITH TZATZIKI SAUCE

PAIRED WITH 2012 MOUNTAIN CUVÉE, YIELD: 16-20 PIECES

KOFTKA INGREDIENTS:

4-6 CLOVES GARLIC, MINCED

12 Oz Ground Beef, Finely Ground

4 Oz Ground Pork, Finely Ground

3 TABLESPOONS CHOPPED FRESH PARSLEY

3 TABLESPOONS CHOPPED FRESH MINT

1 TEASPOON GROUND CUMIN

1/2 TABLESPOON GROUND CINNAMON

1/2 TEASPOON GROUND ALLSPICE

1/4 TEASPOON GROUND GINGER

1/4 TEASPOON GROUND BLACK PEPPER

1 TEASPOON KOSHER SALT

16 Skewers, soaked in water for 30 minutes

METHOD:

- 1. Combine all ingredients and form 16 balls, similar to an oval flat meatball.
- 2. Cook on a pre-heated grill for 3-5 minutes.
- 3. Serve immediately with Tzatziki Sauce.

TZATZIKI SAUCE INGREDIENTS:

2 CLOVES GARLIC, MINCED

1 EACH CUCUMBER, PEELED, SEEDED AND DICED SMALL

2 TABLESPOONS WHITE WINE VINEGAR

2 TABLESPOONS CHOPPED FRESH DILL

1 CUP GREEK YOGURT

1 CUP SOUR CREAM

1 TEASPOON SALT

1/4 TEASPOON WHITE PEPPER

METHOD:

1. Combine all ingredients and serve chilled.

Recipe by Chef Wendy Bennett of Wine Country Cooking Studio
WINEGOUNTRYCOOKINGSTUDIO.COM