## SEPTEMBER 2018 CELLAR CLUB

# GRILLED NEW YORK STRIP STEAK WITH CARAMELIZED ONION & GORGONZOLA CREAM SAUCE

PAIRED WITH 2015 MONTAGNA ROSSA | YIELDS 2 PORTIONS

### NEW YORK STEAK

- 2 New York Strip Steak, 10 12 oz. each
- 1/2 Teaspoon Kosher Salt
- 1/4 Teaspoon Freshly Ground Black Pepper
- 1. Pre-heat the grill while seasoning the steak. Allow the steak to rest for 15-20 minutes at room temperature.
- Grill for 8-10 minutes turning, as needed, and cooking to an internal temperature of 125°F. Then remove the steak from the grill onto a clean plate and allow to rest 3-5 minutes before serving. Serve immediately with sauce.

#### CARAMELIZED SWEET ONIONS

- 1 Pound Sweet Onion, sliced
- 2 Oz. Butter, salted
- 1 Pinch Freshly ground black pepper
- 1 Pinch Kosher Salt
- 1. Place the butter and onions in a heavy sauté pan over medium heat.
- 2. Cook onions, stirring occasionally, for 20-25 minutes until the water in the onions has evaporated and the natural sugars in the onion brown.
- 3. Season with salt and pepper.
- 4. Remove from heat and set-aside or refrigerate until ready for service.
- 5. To serve, reheat and serve over steak with gorgonzola cream sauce.

#### GORGONZOLA CREAM SAUCE

- 1 Tablespoon Olive Oil
- 2 Tablespoons Shallot, minced
- 1 Tablespoons Garlic, minced
- 1 Teaspoon Dijon Mustard
- 1/4 Cup White Wine
- 1 Cup Heavy Cream
- 1/3 Cup Gorgonzola Cheese, crumbled
- 1 Teaspoon Parsley, fresh chopped

1 Teaspoon Chives, *fresh chopped* Freshly ground Pepper, *to taste* Salt, Kosher or Sea Salt, *to taste* 

- 1. In a saucepan, heat the olive oil over medium heat for 1 minutes then add the shallot and garlic. Continue cooking for 2 minutes or until aromatic, but not brown.
- 2. Add the mustard and white wine and continue cooking until reduced by 1/2.
- 3. Add the heavy cream and cook for about 3 minutes to reduce slightly.
- 4. Add the cheese and stir to combine and allow cheese to melt.
- 5 Add herbs and adjust seasoning, if needed. Serve over pasta or grilled steak.